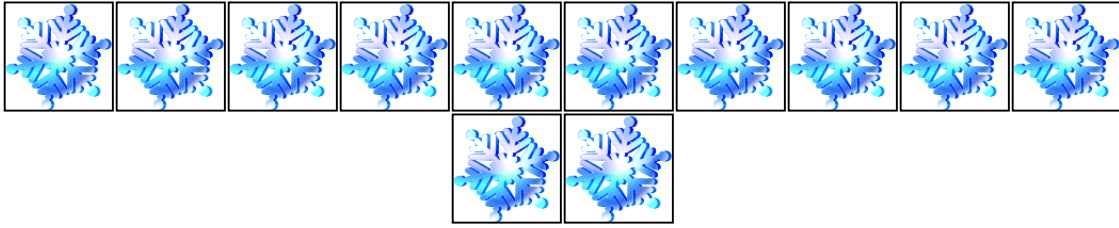


# A Blizzard of Winter Fun



As the cold winter months progress, many people begin to feel a sense of “cabin fever”. Everyday activities can help decrease that feeling and improve your child's speech and language skills in the process. Language and action go hand in hand. Activities can enhance a child's ability to follow directions, understand concepts (e.g. color, size, location), learn sequences, increase vocabulary, learn social skills (e.g. turn taking), and so much more!

Here are just a few ideas to help you have fun while enhancing speech and language skills.



## **BUILDING A SNOWMAN**

For younger children, talk about each step as they help you complete it. Older children can follow directions to build a silly snowman themselves. Brainstorm ideas with your children for what items can be used to decorate their snowman. Describe the items you are putting on the snowman (color, size, texture) and talk about where you are putting them (on, behind, in front). Have the children make up a story about their snowman.

(skills: following directions, sequencing, vocabulary, concepts, narrative, etc.)



## **BAKING**

Name or have your child name the ingredients needed for your recipe. Sort your ingredients into categories (e.g. spices, dairy products, vegetables, etc.) Ask your child to find all the ingredients with his/her speech sound and practice using good speech to say each one. Talk about the steps for the recipe and have your child follow the directions.

(skills: following directions, sequencing, vocabulary development, articulation practice, etc.)



## **WINTER BINGO/SCAVERNGER HUNT**

Make a BINGO board that includes items around your house that have to do with winter. Have the children go on a scavenger hunt to find the items. Once found, items can be described or sorted in to categories. Ask your children questions about the items, such as, "Why do we need to wear gloves?" Have the children make sentences about the items.

(skills: vocabulary, question comprehension, sentence construction, articulation, categorization, etc.)

Newsletter Created by: Rita Sampson, Clinic Director